

What I learned during the N.O.P.E assembly was, a lot of young people are dieing of drug and alcohol addictions.

The causes are because they mix prescription drugs. Some one dies of an overdose every hour. That's 24 people a day. Many don't realize what could happen when "trying to have fun" for many of them it's too late. Usually it starts with drinking then leads to other things. Many times friends don't want to call for help because they are scared of what might happen to them.

In conclusion nothing good comes out of mixing prescription drugs.